

Mile 1	8:58	7:42
Mile 2	8:00	7:28
Mile 3	8:12	7:35
Mile 4	8:02	7:36
Mile 5	7:31	7:40
Mile 6	8:05	7:42
Mile 7	8:26	7:41
Mile 8	8:21	7:47
Mile 9	8:42	7:45
Mile 10	8:45	7:43
Mile 11	8:28	8:14
Mile 12	8:28	8:14
Mile 13	8:34	8:56
Mile 14	9:19	8:35
Mile 15	8:50	9:34
Mile 16	8:52	10:35
Mile 17	10:39	13:16
Mile 18	11:44	13:37
Mile 19	11:33	11:19
Mile 20	12:39	15:43
Mile 21	13:23	13:37
Mile 22	12:29	16:11
Mile 23	10:53	15:27
Mile 24	13:14	14:30
Mile 25	12:11	16:16
Mile 26	12:27	15:56
Mile 27	10:48	

